

## PSY645 Fictional Mental Health Consultation Scenario

You have received the following email from a colleague working at a local crisis house.

\*encrypted message\*

Here is the case we talked about briefly over the phone. Please let me know your thoughts. This one really has me stumped.

John Smith, PsyD  
Clinical Psychologist (PSY042)

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Bob is a 38-year-old male. He presented to the crisis house late last night, appearing disheveled and poorly groomed. He repeatedly stated, "The police are after me," but did not articulate any reason why the police would be looking for him. His speech was pressured and circumstantial; he had significant psychomotor agitation and elevated body temperature. Bob reported having been in psychiatric treatment "for years," but refused to share previous diagnoses and would not complete a release of information to allow examination of his medical history. When I shared with Bob that his medical history is important information for me to know in order to help him, he screamed, "You work for the police, don't you? I bet you're a cop!" Bob was admitted to the crisis house due to risk of further decompensation without this level of care.

Normally, I would wait a few days to observe Bob and make a diagnosis, but I need to make a diagnosis within 24 hours of admittance according to our crisis house policy. Additionally, I do not currently have access to a tox screen or a toxicology report for Bob. Help me understand what's happening with him so I can make a provisional diagnosis.