

Support Network Scenarios

Marguerite

Marguerite is currently a first-year undergraduate at an online university studying accounting. She has a part-time job at a retail store with two small children and a husband who works nights. Marguerite spends most evenings sitting at the kitchen table studying while cooking dinner and then getting her kids ready for bed. It's very distracting having a two-year-old and a six-year-old under foot all the time. She doesn't have anyone to help her with child care. She has a big assignment due in a few days and right now her stress level is very high, and it's interfering with her ability to concentrate. **What can she do?**



Alex

Alex has the flu and it has been dragging on for weeks. He is struggling to have enough energy to get through his daily tasks and stay on top of his studies. He has procrastinated in contacting his instructor to talk about options because he knows he is behind. He is hoping to feel better soon and get back on track. **How might Alex work through this challenge toward a positive outcome?**



Sophia

Sophia's discussion assignment is due in a few hours. However, she's been having computer problems all day. She's trying to troubleshoot the issues but she's not having much luck. Her computer has crashed twice already and her efforts to get it working again have failed. She is frustrated and if her computer doesn't start working soon, she's going to miss her assignment deadline. **What should she do?**



Alisha

Alisha just got promoted and her new position requires a lot of time for onboarding and training. She has been working long hours and she's under a lot of pressure to get up to speed fast. Because she has been working overtime, she is not sure she can make her assignment deadline on Monday. She feels she can catch up with her school work if she had a little more time. **What could she do?**



Joseph

Joseph is very committed to attending school while serving in the military. He just got a call from his commanding officer that he will be deployed next week. He is half way through his online program of studies and is concerned about being able to finish his final assignment for his current course. He will have to do schoolwork in the field and depend on local internet access, which can be unpredictable. **What should he do?**



All of the people in these scenarios could have benefited from leaning on their support network. How could they utilize their support network, instructor, or Ashford resources for help?

Think about this as you write your initial discussion board post.